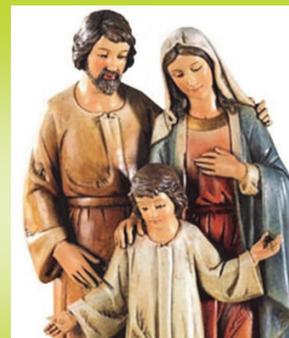




St. James Church  
299 Red Oak Dr. Aitkin

# Welcome to the Parishes of St. James and Holy Family Catholic Churches And Our Lady of Fatima Chapel



Holy Family Church  
2 S Maddy St. McGregor

Office and Mailing Address:

Office: 218-927-6581 Fax: 218-927-6589 Email: [aggie@aitkincatholic.org](mailto:aggie@aitkincatholic.org)

Mailing Address: 299 Red Oak Dr., Aitkin, MN 56431

## Pastor

Fr. David Forsman.....763-227-7968  
[fatherforsman@gmail.com](mailto:fatherforsman@gmail.com)

## Deacons

Bill Stein..... 218-927-3613  
[Deaconbillstein@aol.com](mailto:Deaconbillstein@aol.com)  
Mike Eisenbraun..... 218-513-8119  
[m.eisenbraun@yahoo.com](mailto:m.eisenbraun@yahoo.com)  
Mike Barta..... 218-232-0746  
[mjbart@frontiernet.net](mailto:mjbart@frontiernet.net)

## Religious Education:

### St. James

Assistant Directors of Religious Education

Jr./Sr. High Jeremy Justen.....218-670-0165  
Elementary Jen Kinzer .....218-839-0344  
Marie James .....218-839-0680

Email Address .....[elementary@aitkincatholic.org](mailto:elementary@aitkincatholic.org)

## Prayer Chain Requests

Jan Burt (SJ).....218-927-3587  
Kathy Cummings (SJ)..... 218-927-6483  
Elaine Hill (SJ).....218-838-5982  
Carol Wiherski (SJ)..... 218-927-6880  
Shirley Scollard (HF).....218-839-0754

## Online opportunities

St. James: [www.aitkincatholic.org](http://www.aitkincatholic.org)  
Connect to St. James Church via Facebook

Holy Family & Our Lady of Fatima Chapel  
[www.mcgregorcatholicchurch.org](http://www.mcgregorcatholicchurch.org)

## Pray the Rosary

SJ—Sat. 4:25 pm/Sun. 9:25 am/  
Tues—Fri-8:05 am  
HF—Sundays 7:30 am  
OLOF—Sundays 9:30 am

## Bulletin Submissions

218-927-6581 or [bulletin@aitkincatholic.org](mailto:bulletin@aitkincatholic.org)

Deadline - Mondays at 4:00 pm.

**Find the Bulletin anytime at:**

[www.parishesonline.com](http://www.parishesonline.com)  
[www.aitkincatholic.org](http://www.aitkincatholic.org) (SJ)  
[www.mcgregorcatholicchurch.org](http://www.mcgregorcatholicchurch.org) (HF)

## Mass Schedule

### Weekday:

Tues-Fri.....8:30 am St. James

### Weekend:

Saturday....5:00 pm.....St. James  
Sunday.....8:00 am.....Holy Family  
10:00 am.....St. James

## Confessions

Sat: 10:00—10:45 am St. James  
4:00—4:45 pm St. James  
Sun: 7:15—7:45 am Holy Family  
(or by appointment)

SIXTEENTH SUNDAY IN ORDINARY TIME  
JULY 18, 2021



## 16<sup>TH</sup> SUNDAY IN ORDINARY TIME

When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things. - Mk 6:34

## A Message from Father David

In the next year I am scheduled to do 6 weddings which is pretty good considering the size and activity of these parishes. There are many who get married outside the Church these days and many more who (after they are married in the Church) choose to stay away from the Church and Her gifts of grace, that is, until their first child needs baptism. It is a problem of faith and becomes a problem in marriages that do not include the Lord on their journey with and towards the Lord and the Kingdom of God. I give plenty of advice and counsel to those who are preparing for marriage and I try to lead them to God and His Church. Typically there are 6 sessions for those engaged to be married with me and also Deacon Mike and Laura Eisenbraum. These are centered on communication skills, the pastoral concern of the Church and some practical aspect of living the Christian life of marriage in that unbreakable bond.

If you want to help me and the Church to foster more holy marriages these are some points of discussion that I suggest hold meaning. So talk about these topics with you teenage children or for couples you know (that are even just dating each other) who may be leaning toward a more serious relationship. Maybe pick one at a time to talk about with them rather than all together.

1. Pray together. Suggest that they pray one Our Father at some point whenever they encounter each other. Instruct them hold hands as they do this. Have them pray for something, someone, for themselves especially and the good fruits of their relationship. Asking God to be a part of their relationship will be like that tiny seed that grows into the large bush.
2. Be very wary of any relationship that depends upon drugs or alcohol as a point of connection. Alcohol especially has a destructive force to it because it can have unpredictable mood swings attributed to it and can get in the way of having healthy relationship. People who have a hard time controlling their drinking can also have a hard time controlling their boundaries. Many, many relationships and marriages have been destroyed by infidelity due to drinking. Having drugs or alcohol use as a defining element of "what we do together" is counter-indication. Drinking in moderation (with no illegal drug use) is not typically harmful.
3. Becoming one in marriage means staying together. The couple that does everything together should have a much stronger bond than the couple who do most things apart. Yes there are times that you must be apart but I counsel against having "your own life", you get married to find strength and grace in each other's company not in trying to find the strength to live with one another while leading separate lives. A married couple is a couple that stays together.
4. A couple that is not open to life (if discovered by the clergy preparing them) will never be allowed to marry in the Church because openness to life is an essential part of the two-part equation of every Catholic Marriage: unity and openness to life. This is usually not a problem with well-formed Catholics but there are times when one or the other party may be confused about how important it is. This can lead to a frank discussion about artificial birth-control and how it cuts off or destroys what God intended for marriage.
5. Sex outside of the bond of marriage put the veritable cart before the horse. Making love is an act that is matched by the gravity of being in ultimate love with each other. That is committed and pure. This is the hardest sell of all I believe because sexual activity is easy for many who fall into that sin at an early age. We become desensitized to the value of chastity in an oversexualized world. Our speech our thoughts and then our actions betray the dignity our bodies and souls deserve from us. Waiting for marriage takes two people to a level of commitment that is on par with our level of commitment in the sacrament of marriage. It is perhaps the most difficult virtue of all to espouse to, and so two people in love must communicate about what sex means to them and agree to sacrifices.
6. Finally marriage is faithful and forever. With a 52% divorce rate (although that number is a bit misleading because of multiple marriages with multiple divorces) it can be misconstrued that divorce is an option for Catholics just because it is accepted culturally. It is not. However if the marriage is fatally flawed no one is asked to stay in a loveless, abusive, lifeless marriage and so the annulment process is present for cases such as these in the Catholic Church.

I hope this helps. It would help me and the Church if more honest and open discussion would be had about this.

More to come.....

## Fr. David's Liturgical Schedule

### Sunday, July 18

7:15-7:45 am	Confessions (HF)
8:00 am	Mass (HF)
10:00 am	Mass (SJ)
After 10:00 am Mass	Lapos Baptism (SJ)

### Tuesday, July 20

8:00 am	Angelus (SJ)
8:05 am	Rosary (SJ)
8:30 am	Mass (SJ)

### Wednesday, July 21

8:00 am	Angelus (SJ)
8:05 am	Rosary (SJ)
8:30 am	Mass (SJ)

### Thursday, July 22

8:00 am	Angelus (SJ)
8:05 am	Rosary (SJ)
8:30 am	Mass (SJ)
9:00 am	Exposition of Blessed Sacrament (SJ)

### Friday, July 23

8:00 am	Angelus (SJ)
8:05 am	Rosary (SJ)
8:30 am	Mass (SJ)

### Saturday, July 24

10:00 - 10:45 am	Confessions (SJ)
4:00 - 4:45 pm	Confessions (SJ)
5:00 pm	Mass (SJ)

### Sunday, July 25

7:15-7:45 am	Confessions (HF)
8:00 am	Mass (HF)
10:00 am	Mass (SJ)
After 10:00 am Mass	Cruz Baptism (SJ)

(HF)-Holy Family • (SJ)-Saint James

*God bless and have a good week everyone! Fr. David*

**On-Line Opportunity to Grow in your Faith Life**

Our parishes have just subscribed to a massively helpful new outreach by the Catechetical Institute at Franciscan University of Steubenville. We are now able to offer mentor-based on-line formation for everyone – clergy, directors of religious education, catechists, adult group leaders, volunteers and (especially) parents. It is free to all, with unlimited access and is available thanks to a grant received by the Office of Catechesis on behalf of the parishes from the CREED fund. This platform provides the most in-depth and faithful array of formative workshops ever created. With 140+ workshops available, we are now able to thoroughly train and spiritually nurture you in passing on the faith. Come grow and explore this bright sign of hope from [www.FranciscanAtHome.com](http://www.FranciscanAtHome.com). It's free for you to use! Here's how to get registered:

1. Visit [www.FranciscanAtHome.com](http://www.FranciscanAtHome.com) in your web browser.
2. Click "Log in" and then click "create a new account."
3. Enter your information into the required fields and select the green "Create new account" button at the bottom of the page (all fields with an \* are required).
4. Next, click on "My Dashboard". Then scroll down and select sign up with Diocesan Partnerships. Then register online sign up through parish. Select "Diocese of Duluth" and institution will be St. James/Holy Family/O.L. of Fatima. Click "Sign up." Now you can begin exploring all that FranciscanAtHome.com has to offer.

We recommend:

- That you locate the track(s) our diocese has created for you (located as institutional tracks on the left side of the "Start Learning" section on your dashboard, if any).
- Explore the other workshops that are available to you.

**Family Camp Offered: August 13-15**

The Diocese of Duluth's Office of Marriage, Family, and Life has now opened registration for our First Annual Catholic Family Camp at Big Sandy Camp and Retreat Center in McGregor, MN, on August 13-15. Family fun includes campfires, swimming, waterslide, volleyball, hiking, pontoon rides, laser tag, Mass, Adoration, and family prayer time. There is lodge space, RV, and tenting sites. Food is included and no dishes. For more information, go to [Marriage, Family and Life | Diocese of Duluth \(dioceseduluth.org\)](http://Marriage, Family and Life | Diocese of Duluth (dioceseduluth.org)). A limited amount of financial support is available by a generous benefactor. Preference for allocation will be given to participants with larger families. So "Go for the Fun, Stay for the Faith!" Questions can be directed to [betsy.kneepkens@duluthcatholic.org](mailto:betsy.kneepkens@duluthcatholic.org).



**Hurting after abortion?** You are not alone. The Duluth Diocese is here to help you heal through our post abortion ministry, **Project Rachel**. This ministry offers a confidential helpline for you to speak with someone about your experience. A person willing to listen who has been specially trained to help you sort through unresolved feelings and conflict is just a confidential call away at 218-421-7110. Move beyond the pain, call today.

**July 18, 2021**

Sun: Jer 23:1-6/Ps 23:1-3, 3-4, 5, 6 [1]/ Eph 2:13-18/Mk 6:30-34  
 Mon: Ex 14:5-18/Ex 15:1bc,-2, 3-4, 5-6 [1b]/ Mt 12:38-42  
 Tues: Ex 14:21-15:1/Ex 15:8-9, 10 and 12, 17 [1b]/Mt 12:46-50  
 Wed: Ex 16:1-5, 9-15/Ps 78:18-19, 23-24, 25-26, 27-28 [24b]/Mt 13:1-9  
 Thurs: Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6, 8-9 [2]/Jn 20:1-2, 11-18  
 Fri: Ex 20:1-17/Ps 19:8, 9, 10, 11 [cf. Jn 6:68c]/Mt 13:18-23  
 Sat: Ex 24:3-8/Ps 50:1b-2, 5-6, 14-15 [14a]/ Mt 13:24-30  
 Next Sunday: 2 Kgs 4:42-44/Ps 145:10-11, 15-16, 17-18 [cf. 16]/Eph 4:1-6/ Jn 6:1-15

Next Sunday: Seventeenth Sunday in Ordinary Time

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**Stewardship Report**



**Through July 4, 2021**

(Fiscal Year: July 1, 2021- June 30, 2022)

**St. James •**

Attendance .....658  
 Received 7/4/2021..... \$6,056  
 UCA 2021 Assessment ..... \$54,410.44  
 UCA 2021 Pledged/Received..... \$27,003.00

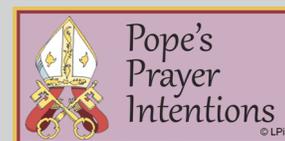
**Holy Family •**

Attendance .....258  
 Received 7/4/2021..... \$2,219  
 UCA 2021 Assessment ..... \$14,134.36  
 UCA 2021 Pledged/Received..... \$7,464.00

**Our Lady of Fatima•**

Attendance .....26  
 Received 7/4/2021.....\$150  
 UCA 2021 Assessment .....\$1,212.22  
 UCA 2021 Pledged/Received.....\$1,060.41

**Thank you for your contributions!**



**Universal Intention: Social Friendship**  
 We pray that, in social, economic and political situations of conflict, we may be courageous and passionate architects of dialogue and friendship.

**GOSPEL  
MEDITATION**

**July 18, 2021**

**16th Sunday in  
Ordinary Time**



There's an ordinary pine grove located on a tree farm not too far from town where life's stresses and demands seem to melt away. It is here that all that seemed so important out there no longer is and one can get lost in the rows of trees and majestic beauty. God is here and all is good. We need to connect with the Divine Source of all that is in order to understand what it is we are doing and why we are doing it. Otherwise, things stop making sense and bitterness can overcome one's spirit. It's okay to play once in a while and to discover that place of profound life and peace. People always have needs and there is constantly something to do. And while all of that is necessary and we are needed, there is also that inner solitude within that needs to be celebrated and released.

We all need a pine grove. It's that little place we can go and leave all that consumes us behind. It's a place where technology can be set aside and wonder, and awe given some time. We don't have to text, calculate, or orchestrate anything in the pine grove. It is a somewhat deserted place where all of that can be set aside and we can just be. The anger, frustration, exhaustion, discouragement, helplessness, and occasional apathy, all can fall to the ground like all of those pine needles that once held their place on the branch of a Frasier Fir. The needles can let go. We can let go. We are beings connected with Being and we all need to remember what really matters, who really matters and what life is truly all about. We need to find that place where we can rest and let go of all of the barnacles we accumulate. Rest, breathe, seek, and love.

The world will need us again when we leave the pine grove. It will all be waiting for us, beckoning for our attention. But we will have prayed and will have marveled at the silence and the beauty of goodness. We can go back, ready, and eager to listen, to help, to heal, to cry, to embrace, and attend to all that is asked of us. But, having let go of the distractions in that deserted place we will have a renewed sense of purpose. We will know better Who it is we serve and what we are meant to do. It will all be clearer now that we have been Divinely touched and refreshed.

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**St. James**

299 Red Oak Drive, Aitkin



Ruth Fudala and her bereaved family and friends. May her soul and the souls of all the faithfully departed rest in peace.

**One hour once a month ADORATION volunteer needed**  
We are need of someone to fill the **2 o'clock hour** on the second Thursday of each month. Please contact the office if you can help us out.

**Help Needed For Coffee & Roll Sundays**  
Looking for volunteers to help with set up and clean up on coffee & roll Sundays at St. James. Please call Jeanette at 218-429-0132 or the parish office if you can help.



**Batting/ Filler Needed**  
The quilters are in need of filler for their quilts. Good condition flannel sheets, light blankets or quilt batting work. Please drop off donations at the parish office.

**Holy Family**

2 S Maddy Street, McGregor

**The Chosen**

This week's episode is called "Invitations." Everyone is welcome to join in for one episode or for all the rest of them on Thursdays at 6:15 pm. Come and see!

**Volunteers Needed for MACC in August**

August is Holy Family's month to staff the Clothing Closet Tuesdays and Saturdays. MACC is open 10 am—2 pm on those days and your help is needed and deeply appreciated. Please give Ramona (218-426-3344) or Shirley (218-426-3527) a call to sign up for a date. Thanks and God Bless!

**Wild Rice Days/CCW Fundraiser – September 4**

Wild Rice Days is back and so is our Sloppy Joe Luncheon. We will also be selling raffle tickets for 4 cash prizes. Raffle tickets will be available at all entrances to the church and are \$1. This is CCW's only fundraiser. More information to follow.

**Our Lady of Fatima**

102 S Highway 65 McGrath

**OLOF Chapel Mass Schedule**

The Rosary will be prayed half hour before Mass. Please note this schedule is subject to change due to Fr. Solors' availability.  
Sunday, July 18, 2021 at 10 am  
Sunday, August 1, 2021 at 10 am  
Sunday, August 8, 2021 at 10 am

Please note there will not be mass on July 25th.

## Religious Education

### Little Gobblers

Thank you to all the students, teachers and helpers who attended Vacation Bible School last week! Special thank you to Renee for helping with all of the food, Gina & Eric for the wonderful music, Amber for organizing our crafts, Sophie, Emma, Kaitlin and Evelyn as our teen volunteers, Bethany for teaching the pre-school class, and to all of our parents and volunteers for helping with meal prep, art work and clean up. We really had a fun time learning about Jesus, the parables and how we can learn about God's plan for us through the parables.

Have a great rest of your summer and watch for information about Religious Education classes which will begin in the Fall.



The word of God  
is a light to the mind  
and a fire to the will.

—St. Lawrence of Brindisi



#### Tuesday, July 20

8:30 am Peter Switala (SJ)

#### Wednesday, July 21

8:30 am Marion Barta (SJ)

#### Thursday, July 22

8:30 am Mike Walsh (SJ)

#### Friday, July 23

8:30 am Al Tibbetts (SJ)

#### Saturday, July 24

5:00 pm Michelle Small (SJ)

#### Sunday, July 25

8:00 am Pat Nicholson (HF)

10:00 am For the Parishioners (SJ)

(HF)-Holy Family • (SJ)-Saint James •  
(OL) Our Lady of Fatima

## This Week

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#### Sunday, July 18

After 8:00 am Mass

Fellowship, Coffee and Treats (HF)

After 10:00 am Mass

Coffee and Treats (OL)

#### Tuesday, July 20

Noon—3 pm

Food Shelf Hours (SJ)

5:00 pm

Finance Council Meeting (SJ)

#### Thursday, July 22

7:30 am

Rosary (SJ)

9:00 am to 8:00 pm

Adoration (SJ)

9:30 am to 5:50 pm

Adoration (HF)

5:50 pm

Benediction (HF)

6:15 pm

The Chosen series (HF)

#### Sunday, July 25

After 8:00 am Mass

Fellowship, Coffee and Treats (HF)

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Thank our  
advertiser  
OF THE  
WEEK



Liturgical Ministers

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#### Saturday, July 24 at 5:00 pm (SJ)

Sacristan/Server..... Pat O'Connor

Lector..... Larry Switala

EOMs ..... (MOB) Chris and Brad McCusker

Ushers ..... Brian Carlson, Kevin Hoge, two volunteers

#### Sunday, July 25 at 8:00 am (HF)

..... Please see the green binder in narthex.

#### Sunday, July 25 at 10:00 am (SJ)

Sacristan ..... Carroll Janzen

Servers ..... Ella and Noah Janzen

Lector..... Peg Lundberg

EOMs ..... (MOB) Adam James, Laura Eisenbraun

Ushers ..... Tom Druar, Chad Larson

..... Dick Schaaf, Mark Ritter

(HF)-Holy Family • (SJ)-Saint James •  
(OL) Our Lady of Fatima